

5th Grade: Outdoor Recreation Skills (Seasonal)

SIOUX COUNTY CONSERVATION BOARD

PRAIRIE WOODS NATURE CENTER

What students should

bring:

Sack lunch

Tennis shoes or hiking boots

Water bottle for drinking water (optional)

Weather-appropriate clothing

What teachers should

bring:

First aid kit, Kleenex, hand sanitizer

One or more adult for every 6-10 children

Sunscreen/bug spray (optional)

Contact for scheduling:
Assistant Director/
Environmental Education
Coordinator
Sunday Ford

Field trip leaders:
Sunday Ford
sundayf@siouxcounty.org
712/551-6780
Sarah Davelaar
sarahd@siouxcounty.org
712/551-6715

Field Trip Overview

We will spend the day focusing on outdoor recreational skills kids can do/learn to better enjoy the great outdoors. This is a hands-on day for all who attend! Day will occur ALL outside, an indoor backup plan or another day lined up should be discussed when you book.

Suggested Field Trip Itinerary

9:30-2:00/3:00 Schedules will be based on individual schools as class size will determine how many stations we can accommodate and effect timing. Most likely it will include at least 2 stations in the morning and at least 1 in the afternoon.

Possible Stations: Archery, Biking, Birdwatching, Camping, Canoe/Kayaking, Fishing, Frisbee Golf, Hiking

**** Weather is key to this field trip. Naturalist will discuss your options in the case of inclement weather.**

Iowa Core and NGSS met by this Field Trip

Life Skills

Every child should have the opportunity/access to try new outdoor recreation things.

Activity: Archery, Biking, Birdwatching, Camping, Canoe/Kayaking, Fishing, Frisbee Golf, Hiking

21.3-5.HL.5* Demonstrate behaviors that foster healthy, active lifestyles for individuals and the benefit of society.

It is a proven fact that spending more time outdoors help the overall health of a person. By giving the kids the opportunity to try these we are exposing them to new hobbies that foster a healthy active lifestyle.

Activity: Archery, Biking, Birdwatching, Camping, Canoe/Kayaking, Fishing, Frisbee Golf, Hiking

* Indicates standard partially met

Note: this does not include the many standards met in the professionally designed exhibits, which were designed around Iowa Core and NGSS.



Group Sizes

In order to give each student the optimal opportunity to learn in our outdoor classroom, we try to keep our station group numbers small. You can help us by putting your students into the appropriate number of groups prior to field trip (unless disused otherwise) and assigning a teacher/adult to be a leader of that group.

Rotation Stations Groups

≤ 15 students: Students will participate as one group and rotate through the stations with naturalist(s).

16-40 students: Students will be broken into two groups and rotate through stations with naturalist(s) and volunteer.

≥ 41 students: Students will be broken into three groups and rotate through stations with naturalist(s) and volunteer(s). (In some cases, we may break it down into four groups depending on the field trip activities)

We suggest using Group # and/or Group Colors to pass this information onto your students/adults so they can easily remember.