

Preschool Topic/Headstart: Season Hike

SIOUX COUNTY CONSERVATION BOARD PRAIRIE WOODS NATURE CENTER

What students should bring:

Weather-appropriate clothing
Tennis shoes or hiking boots
Water bottle for drinking water (optional)

What teachers should bring:

First aid kit, Kleenex, hand sanitizer
Sunscreen/bug spray (optional)
One or more adult for every 5-6 children

Contact for scheduling:
Assistant Director/
Environmental Education
Coordinator
Sunday Ford

Field trip leaders
Sunday Ford
sundayf@siouxcounty.org
712/551-6780
Sarah Davelaar
sarahd@siouxcounty.org
712/551-6715

Field Trip Overview

Open your eyes and ears, and use your sense of smell and touch to explore the different seasons at Oak Grove Park. Explore seeds, insects, and colors, OR winter animals' signs, snowflakes, and homes, based on season.

Suggested Field Trip Itinerary Half Day

9:30am Arrive at Prairie Woods Nature Center, welcome from Naturalist.

10:00am-11:15 Hike, explore seeds, insects, plants, colors, animal signs for each season.

11:15-11:45 Lunch at picnic tables in campground.

Suggested Field Trip Itinerary Full Day

9:30am Arrive at Prairie Woods Nature Center, gather outdoors. **OR** Use east student entrance and head to basement classroom to get organized.

9:30am-11:00 Hike, explore seeds, insects, plants, colors, animal sounds for each season.

11:00-11:45 Lunch at picnic tables in campground.

12:00 Gather in basement classroom, divide into 20-minute stations.

Station ideas are: Animals from eggs, Color Matching Game, Exhibits, Insect Catching. Note: stations may change to match given season.

12:15-12:35

12:40-1:00

1:05-1:25

1:30-1:50

2:00-2:30 Live animals or game and clean classroom



Gold Standards met for Preschool/Headstart

During the hike, we will incorporate the following Activities for a half day visit, or lead with the hike in the morning, with activities in afternoon for a full day.

Activity: Animals from Eggs

Children go on an egg hunt and find one egg each. They bring it back and each open and count legs. Say the animal and how many legs it has. Put animal on chart according to number of eggs

Objective 3 Group participation

Objective 7 Fine-motor strength/coordination

Activity: Color Match Game

Students will use a color wheel to find different colors in nature

Objective 13 Classification skills

Activity: Insect Catching

Students will be given a few tools such as a small net or container, and start to catch and examine insects.

Objective 25 Living things

Note: this does not include the many standards met in the professionally designed exhibits, which were designed around NGSS.